


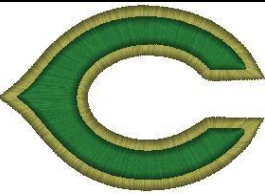


**SUMMER PRACTICE CALENDAR ~ SEASON 2017**



# FALCON FOOTBALL ~ OCTOBER, 2017



<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>1</u> NO WORKOUTS	<u>2</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>3</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>4</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>5</u> VARSITY PRACTICE (2:25 – 5:00 P.M.) JV GAME # 3 OCEAN LAKES @ COX @ 6 P.M.	<u>6</u> GAME # 6 COX @ KELLAM @ 7:00 P.M. NO JV PRACTICE	<u>7</u> VARSITY PRACTICE TBD (9 – NOON)
<u>8</u> NO WORKOUTS	<u>9</u> TEACHER STAFF DAY- NO SCHOOL FOR STUDENTS: P.M. PRACTICE (2:30 – 5:00 P.M.) VARSITY & JV	<u>10</u> P.M. PRACTICE (2:30 – 5:00 P.M.) VARSITY & JV	<u>11</u> P.M. PRACTICE (2:30 – 5:00 P.M.) VARSITY & JV	<u>12</u> VARSITY PRACTICE (2:25 – 5:00 P.M.) JV GAME # 4 COX @ KEMPSVILLE @ 6 P.M.	<u>13</u> GAME # 7 FIRST COLONIAL @ COX @ 7:00 P.M. NO JV PRACTICE	<u>14</u> VARSITY PRACTICE TBD (9 – NOON)
<u>15</u> NO WORKOUTS	<u>16</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV PRGESS REPORTS ISSUED	<u>17</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>18</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>19</u> VARSITY PRACTICE (2:25 – 5:00 P.M.) JV GAME # 5 KELLAM @ COX @ 6 P.M.	<u>20</u> GAME # 8 COX @ TALLWOOD @ 7:00 P.M. NO JV PRACTICE	<u>21</u> VARSITY PRACTICE TBD (9 – NOON)
<u>22</u> NO WORKOUTS	<u>23</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>24</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>25</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV	<u>26</u> VARSITY PRACTICE (2:25 – 5:00 P.M.) JV GAME # 6 COX @ FIRST COLONIAL @ 6 P.M.	<u>27</u> GAME # 9 SALEM @ COX @ 6:30 P.M. HOMECOMING NO JV PRACTICE	<u>28</u> VARSITY PRACTICE TBD (9 – NOON)
<u>29</u> NO WORKOUTS	<u>30</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY ONLY JV SEASON THRU- HAPPY HALLOWEEN	<u>31</u> P.M. PRACTICE (2:25 – 5:00 P.M.) VARSITY & JV				

THANKS TO ALL OF  
THE AREA  
BUSINESSES WHO  
SUPPORT COX  
FALCON FOOTBALL



**Notes:**

- ✓ VARSITY GAME # 10: Friday, November 3<sup>RD</sup> @ HOME VS. LANDSTOWN @ 7 p.m.
- ✓ JV season is over as of 10/26 & JV players on varsity roster will continue to practice with varsity.
- ✓ Any post-season playoff games will be announced once the regular season ends